

BEST BETS

From the Coors Shop's new Well Considered line, this **oak-and-glass table** can serve as a large workstation or for dining (8595, 407 E. 59th St., at First Ave.; 212-755-9079).

New Stuff



Tote around a laptop in this **nylon case** with convenient front storage pockets and top handle (\$20.95 at Muzi, 455 Broadway, nr. Grand St.; 212-334-2002).



This 60th-anniversary **shirt** from Gant is particularly silky and comes in cool, sixties-style plaid (\$135; 665 Fifth Ave., nr. 51st St.; 212-813-9170).



DO THIS

Fast Easy

Blueprint's six-liquids-a-day cleanses are popular, but challenging for people who like to chew. So starting this week, the company has a new option for its three-day fast: "**Juice till dinner.**" You get four juices (two greens, one pineapple, and one lemonade), as well as a surprisingly rich and filling vegan dinner, snack, and dessert. (\$85 per day; blueprintcleanse.com; 212-414-5741)

American Kennels is offering a \$49 full-service grooming (for dogs under 30 pounds), which includes a thorough shampoo, blow-dry, and trim or detangling, as well as nail clipping and ear cleaning. By appointment or walk in (798 Lexington Ave., at 62nd St.; 212-838-8460).



BARGAIN OF THE WEEK
DOG GROOMING
\$49

MARKET SWEEP

New design books competing for a spot on your coffee table.



Restoring a House in the City, \$40 at McNally Jackson (33 Prince St., nr. Lafayette St.; 212-274-1101; available Oct. 23)



Tossed and Found, \$27.50 at McNally Jackson.



How, \$44.95 at Bantam Books (21 W. 57th St., nr. Fifth Ave.; 212-709-3434; available Nov. 15)



David Hicks, \$45 at Archipel Books (1963 Lexington Ave., nr. 72nd St.; 212-870-8565; available Oct. 20)



More Is More, \$75 at Barnes & Noble (555 Fifth Ave., at 60th St.; 212-607-3048)



All-American, \$55 at Bepkoet Goodson (754 Fifth Ave., at 58th St.; 212-753-7900)